

CliftonStrengths Narrative

Top 5 Themes

1. Individualization
2. Strategic
3. Restorative
4. Connectedness
5. Input

Recently in engineering, we had to make a mousetrap car with our team for the semester. Last semester, I was unlucky and had unreliable teammates. This semester, I wanted to make sure that my teammates cooperated. I used my strength of individualization to discover what my teammates' personalities were like and what kind of strengths they each have. One girl is relaxed and good at articulating her thoughts, which will help when we write reports. One guy is a little serious but knowledgeable in his sphere of mechanical engineering, which will help when we build things. The other guy is relaxed and a joker, but also a good builder. Because I am good at coding and a general mood-maker, I could feel that the team had good energy. I took initiative by starting the report for the project early. Not only does this help get our work done, but by seeing my dedication to the work, my teammates will be motivated to get our work done quickly. The other strength I used in this project was input, which helped me write the essay using the information I accumulated easier and quicker. I created a Google document with different sections for each of the topics that we needed to cover in the essay, along with the comments that describe what went in each section, so that my teammates could easily contribute to the essay. I analyzed the project description for the mousetrap car to make sure that our report would cover everything that needed to be covered.

This experience helped me improve both of these skills. By working with different types of people with different backgrounds, this helps me learn how to motivate and deal with these different people. We were also able to finish the essay quicker than I expected because of the organization I had done to the document.

One strength I would like to improve is my strategic skill. The strategic skill has two main parts to it: problem-solving and articulation of ideas. While I consider myself to be a great problem-solver, I could use some improvement in the articulation of ideas. I have to be inspired in order to find just the right words to say at the moment, so improving my vocabulary and style of speaking would help me improve this skill. By improving this skill, I would be able to manage interviews better and speak effectively to my coworkers during coops.

Another strength I would like to improve is my input strength. Although I am great at collecting information, sometimes I need to tone it down. I am currently addicted to a game app where I collect cards. Because of my urge to collect, I end up spending much more time on the game than I want, making it more stressful to finish homework in the limited time that I have. This also relates to my urge to clean and store items. By controlling when I feel the need to collect, I will be better able to manage my time and work effectively.